

INTELLIGENT MOVEMENT SYSTEMS, LLC

Michael D. Driscoll

1805 S. Bellaire St. Ste 235
Denver, CO 80222
(303) 756-0116

EDUCATION

- 2003 **GYROTONIC EXPANSION SYSTEM Level II Certification**
- 1999 **GYROTONIC EXPANSION SYSTEM Level I Certification**
- 1998 **Polestar Pilates Education Certification**
Certified Practitioner of the Polestar Approach to Rehabilitation
- 1995 **Principles of Intelligent Movement Certification**
1000 hour program including structural, functional and experiential principles of movement utilizing Pilates and Gyrotonic exercise systems
- 1983 **Master of Fine Arts**
Major: Dance
Concentration: Performance, Choreography and Instruction
University of Michigan
Ann Arbor, MI
- 1979 **Bachelor of Fine Arts**
Major: Art & Design
Concentration: Environmental Design
Northern Michigan University
Marquette, MI

EXPERIENCE

- 2001- Present **Intelligent Movement Systems, LLC Denver, CO** Owner and President: State of the art movement education studio utilizing Pilates and Gyrotonic exercise systems for fitness and rehabilitation.
- 1995-2001 **The Phoenix Center For Health Excellence (Holistic Health and Wellness Center)**
Denver, CO Fitness and Rehabilitation Instructor, Studio Manager-1996, Training Program Coordinator-1996-98, Equipment Sales and Service, Trade Show and Business Expo Coordinator.
- 1980-1997 **Professional Dance Experience:** Danced professionally in Michigan and Colorado with Detroit City Dance Company, Uof M Dance company, 3x3 Dance Company, Grant Street Dance Company, Jan Justis Dance Company, David Taylor Dance Company and Boulder Ballet Ensemble.